

October
2024



WHO TO CALL

scan me to
provide feedback



If there is a life threatening emergency, always call 9-1-1. This list of services was developed for the West Centretown area. Some services are catchment specific and some are municipal.

WHEN YOU WITNESS SOMEONE IN DISTRESS OR NEEDING SUPPORT

If the person is in a mental health or substance use related crisis:

ANCHOR - Alternative Neighbourhood Crisis Response

Area of Service - North: Ottawa River, East: Rideau Canal, South: Hwy 417, West: Preston Street

- Can respond to issues such as people in distress, mental health or substance use related crisis.
- Call **211** to be connected
- Available 7 days a week, 24 hours a day, 365 days a year

If the person is not experiencing a crisis:

Somerset West Community Health Centre - Community Response Team

West Centretown specific

- Can respond to issues such as people in distress, public drug use and clean-up of needles or other items.
- **613-447-0029** or homelessoutreach@swchc.on.ca
- Available Monday to Saturday, 12pm – 7pm

You see someone sleeping outside:

Salvation Army Outreach Van City of Ottawa

- Connect with them through **311** or or outreach@saobc.org
- Emergency-based transportation service for homeless and shelter-staying clients.
- Life-sustaining necessities such as sleeping bags, boots, jackets, socks, gloves, water, etc. Only provides food when donations are given.
- Available: 7 days a week, 11am-3am

WHEN YOU FIND DISCARDED NEEDLES OR DRUG USE SUPPLIES

Do not pick up or touch the needle without the proper supplies and knowledge of needle disposal. Please call 3-1-1. If you need this cleaned up more immediately than can be done by the City of Ottawa, please call the Community Response Team at the numbers listed above.

City of Ottawa City of Ottawa

- **311** or needlereporting@ottawa.ca
- City of Ottawa needle pick-up and disposal
- Takes up to an hour or more for arrival
- Available 24/7
- Website: <https://www.ottawapublichealth.ca>

CONSIDER SAVING OUR
NUMBERS IN YOUR
PHONE!

